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CHAMBER TRUSTEES

Barry University North Shore Medical Center

Celebrating 61 Years of Keeping Our Community Informed!

President's Message

Gladys Coia, Esq.

President, Greater Miami Shores Chamber of Commerce

The time has come for summer vacations to end and, send the kids back to school! Not to worry, there are plenty of great after-school activities to keep them busy....

In the meantime, Fall will prove to be a busy time here at the Chamber. We continue with our monthly "down to business" campaign where we feature local member businesses. This month, check out page 4 to read about our members in Shores Square Plaza: GG Salon & Spa, Orange Theory Fitness, and Pinch a Penny - Pool, Patio, Spa. We are gearing up for Green Day 2018, on November 3, and very much looking forward to the return of Plaza 98, the

first of which will occur on November 7. Plaza 98 will continue on the 2nd Saturday of every month through April 2019.

As always, we are looking for residents and members to help in organizing these amazing events. This is a great way to get involved in your community and the events which, I'm sure, all of you enjoy. Please contact Megan at the Chamber offices for more information on how you can be a part of the action and volunteer on a committee.

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9620 NE Second Avenue, Suite 201, Miami Shores, FL, 33138 • 305-754-5466 e-mail: mgerstel@miamishores.com • www.miamishores.com • facebook.com/
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For contact information please go to the Chamber's website: www.miamishores.com

Find a copy of the Egret at:

Biscayne Park Village Hall
Brockway Memorial Library
Chase Bank Miami Shores
Cote Gourmet
Doctors Charter School
Ed Burke Recreation Center
El Portal Village Hall
GG Salon
Gregg Mason Funeral Home
Keller Williams Miami Shores Office
Landon Student Center/Barry

Lucio Coffee To Wine Miami Shores Community Center Miami Shores Police Station Miami Shores Village Hall Mima Market Mobil Miami Shores North Bay Village City Hall Pizza Fiore Shores Pediatrics Starbucks Miami Shores



This magazine printed with the environment in mind. Whenever possible, soy-based inks and pre- and post-consumer recycled paper are used in the printing process. Additionally, paper waste from the printing process is recycled. Please recycle this magazine.



Down to Business

Check back monthly to see what's happening in local business news!

Village Square DOWN to BUSINESS

Eastside Miami Shores is home to more than just Publix!

Across the street, several locally owned businesses serve not only the Shores, but the larger surrounding communities. The three featured here are all Miami Shores Chamber members and we encourage you to meet them personally if you haven't already, stop by soon!

GG Salon & Spa buzzes with activity offering full-service beauty and salon styling expertise. GG is committed to our community, she is a chamber board member and supports many chamber and community events.

Clients, both women and men arrive a

men, arrive anticipating their pampering which begins with a warm welcome. Children begin early and continue to enjoy their special treatments too.

Coffee, tea, or water?
Special events, birthdays
and celebrations can often
include complimentary wine!
Appointments are timely so
don't be late, you'll want to enjoy
every minute of your visit to 'fabulous'.
Once you're a client, it's forever! No
matter where you move, North to Boca,
West to Weston, East to the Beach,
you'll keep coming back, most do!



Maybe it's the peace and quiet atmosphere?

Secreted rooms await for facials, skin-nurturing treatments, dermabrasions or waxing.
Osmosis medicalgrade, skin care products are

all holistic, contributing to a client's overall wellness. These are also oncology sensitive products, holistically

gentling the skin. GG is constantly improving her knowledge, studying the whole body's good health both inside and out. Our skin is directly connected to our inner wellness, if we take care of one, we're caring for the other. Other, important skin-care options include a vegan treatment, facial serum infusion, a non-chemical peel, and a firming/toning 'non botox' stimulating microcurrent instrument. Organic therapies for acne and rosacea skin conditions are also effective.

She'll make your skin glow with both her knowledge shared and the right treatments. She'll also make your soul glow with her heart-felt warmth. Perfect Pampering!

There's lots more for everyone!

Each hair stylist has their own talents: curly, straight and in-between. Color accents a personal statement with excitement and élan. Balayage highlighting adds dramatic effect for a signature look. Like GG, the entire staff of stylists attend seminars and continuing education, upgrading their techniques and staying up-to-date with the latest products.

GG eschews toxic substances, in hair products, cleaning and other supplies. No perms or acrylics are offered. She sets a high standard for 'wellness' throughout the salon experience.

Mani/Pedis are pleasurable with four skilled technicians. The chairs are state-of-the art, hygienic and safe. Additional spa services include Dip Powder and gel polish manicures, relaxing reflexology, eyebrow shaping, microblading for eyebrows, eyelash extensions and make-up applications.

The business is a family affair. Gloribel Gonzalez is the original GG, with daughter Gloriane, 2nd generation GG, brings her professional business acumen and following mom's aura, husband/dad Juan and son, Gabriel keep all facets of the salon's equipment and infrastructure in A-1 condition. Perfection.

GG Salon & Spa, 9063 Biscayne Blvd, Miami, FL 33138, 305-759-9710, ggsalonspa.com.

Pinch -A-Penny, Pool.Patio.Spa, P.A.P., has a recipe for success! Like your grandma's favorite cookie recipe, this recipe protects your family's and pool's good health and with a combination of chemicals, mixed exclusively for your water's safety, using proprietary products. Alejandro Schultz and Cynthia Rivera are the Miami Shores business owners. P.A.P Miami Shores opened in 2013 and is a business member of the Chamber.









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The Corporate Chain was founded in 1975 in Clearwater Florida and now has over 240 stores nationwide. The PAP Shores' staff is always willing to assist in solving the mysteries of

maintaining your water sparkly.

H2Oh!!!! The company will explain and educate you on the best for your family's recreation. They also will instruct you on proper

pool pH-care and maintenance preventing break-downs or unhealthy environments for both pets and family and conduct a free water test. P.A.P. exclusive Suncoast® products are the 'Coke' of chemicals w/protected ingredients' in-house manufacture. The store also stocks compatible products to complete your pool's needs. These include, but are not limited to safety alarms, surface covers, fencing, drain covers, pumps, vacuums, skimmers, filters, cartridges, valves, chlorinators, solar and gas heaters, depth markers, life preservers and other necessary maintenance and ancillary equipment.



Keep your pool it's BLUEST! Algae not only plagues Lake Okeechobee, but also your pool. These microscopic forms of plant life can enter your pool by rain, wind, dust

Miami Shores Auto Repair, Inc. Chuck Orlandi, Owner 9734 NE 2nd Avenue (305) 759-4988 (305) 758-7717

or other means. There are green, black, yellow, or mustard types among others. Some are more resistant to chemicals than others. Let the P.A.P. experts analyze and

eradicate them.

Spas, your tensioneasing relaxation refuge, need the same water-safety chemistry maintenance. P.A.P. has an exclusive. Solus®, spa collection of test kit reagents. Easy to use, they allow you the confidence of a

healthy, relaxation experience.

Above Ground pools also need critical safety and healthy treatment. There are P.A.P. products exclusively designed for above-ground pools, liners, pumps, filters, entry systems and automatic cleaners.

P.A.P services and repairs all aspects of both home and commercial pools, except the initial construction of them.

It is the largest pool and spa care company in the State of Florida. Pool cleaning services include: Free water testing and resulting chemical recommendations for the DIY pool owner, repairs and toys.

The corporate slogan says it all: The Perfect People for a Perfect Pool.

The store is open 7-days a week for your convenience. Stop by and see the incredible walls of products to keep your pool, spa, pets and family safe and happy! 9071 Biscayne Blvd., 786-518-3193;

pinchapenny.com/stores/miamishores-fl-213

Orangetheory Fitness Studio is where you go to: lose weight, maintain strength and improve cardio!

And, it's a professional, board certified,



physician advised, regimen. This perfect 1-hour work-out balances strength and weight equally.

Partners Ronnie Hernandez and Frank Rivas invested in the corporate franchise and opened the studio April 2016.



Membership offers several levels and packages dependent upon each individual's needs and commitment:Basic, Elite and Unlimited, plus packages of 10 or 20 classes. A free class introduces prospective members to the studio and its professional staff.

Wondering about the logo? Is it a gear? The logo is a single-celled amoeba? It really is a 'fat globule,

continued on page 14



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Greater Miami Shores Schools Report

The Greater Miami Shores Chamber of Commerce welcomes submissions for this column by all schools that are Chamber members, whether public or private. To find out about submitting information on behalf of your favorite school, please contact the Chamber at 305-754-5466.

DOCTORS CHARTER SCHOOL

(DCS) has developed a partnership with Barry University to provide on campus dual enrollment courses for the 18-19 school year. As an "A" school that is increasing performance in all academic areas, this is great news that will propel our college and career readiness opportunities for all DCS students. We welcome you to a new and exciting school year. Home of the Hawks!

MIAMI COUNTRY DAY SCHOOL

(MSDS) is calling all Class of 2019 Seniors: Senior Convocation will take place on Sunday, August 19 at 7 pm at the Miami Shores Presbyterian Church. More details to follow.

Miami Country Day School will resume classes the week of August 20th. Check miamicountryday.org for more details.

MIAMI SHORES COMMUNITY CHURCH SCHOOL (MSCCC)

campers are having a blast this Summer at MSCCS's Splashback Summer Camp! The end of the summer showcase will be held on August 22nd! Campers have worked so hard and are thrilled to put on a stellar show that pays tribute to all of their favorite Disney classics while showcasing all they've learned this summer.

MSCCS would like to welcome all of their students back to school on Monday, August 27th, and wish everyone in the Miami Shores community a happy first day of school!

MIAMI SHORES ELEMENTARY

SCHOOL (MSES) starts August 20th. Give 5% back in school supplies to Miami Shores Elementary School when you shop for school supplies at Office Depot or Office Max. Please use MSES school ID code #70022700 at checkout. Enjoy your summer vacation and we will see you next month.

MIAMI SHORES PRESBYTERIAN

CHURCH School (MSPCS) welcomes their new Head of School, Ms. Anita Stevens. Ms. Stevens most recently served as the Principal at Kasuun Elementary School of Anchorage, Alaska. She joins her husband, Mike, and her son, Justin, who moved to Miami a year ago so that Justin could play football at Gulliver High School.

Ms. Stevens comes with over 25 years of experience as a Principal and Classroom Teacher. In 2015, she was awarded the National Distinguished Principal for the State of Alaska. She holds a Masters Degree in Education Administration and Counseling and a Bachelor Degree in Elementary Education and Science. Anita Stevens will soon be a key part of the MSPCS community!

MSPCS begins their 2018-2019 school year with a Meet the Teacher Day and Back to School BBQ on August 17th. The BBQ is an annual tradition hosted by the MSPCS Parent Association. All MSPCS alumni are invited to attend. Classes begin on August 20, 2018. MSPCS enrolls children from 6 weeks through 5th grade. Visit their website for enrollment information, www.mspcs. net.

ST. ROSE OF LIMA CATHOLIC

SCHOOL has been busy preparing for the 2018-2019 school year and they can't wait for everyone to see the fruits of their labor. The school has adopted a new Social Studies curriculum school-wide and there will be additional after school clubs to choose from including an Environmental Club and





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a K-2 Book Club. New STREAM courses have been added to our 6-8 STREAM Learning Labs. These classes will create new enrichment opportunities for students to gain knowledge in the areas of Science, Technology, Religion, Engineering, Art, and Math. In addition to enhancing academic programs the school has also added primary cross country and primary soccer to the athletic programs.

SRL continues make campus security a high priority and in order to further enhance current procedures the school is in the process of installing a high-tech surveillance system and exterior PA speakers to broadcast emergency announcements in and outside of the classrooms.

On behalf of the SRL School community school principal, Dr. Brown would like to thank the Miami Shores Community Alliance for the grant received to purchase a new 3D printer. The grant received from the MSCA will enhance an additional grant received from GE's Addictive Education program for a state-of-theart 3D Printing Classroom Curriculum Package.

To learn more about the wonderful things happening at St. Rose or for admission information regarding the 2018-2019 school year please visit www.srlschool.com or contact the SRL School office at 305-751-4257.





Watch the Egret for more news and information about your favorite community event!

Save the date to get your GREEN on!





Stay tuned for the next SYP event coming soon here in Miami Shores!

Follow SYP on Instagram at

@ShoresYP Instagram

SYP updates can also be found on the Chamber's Facebook page at Facebook.com/ MiamiShores/

SYP Summer Beer Tasting at Mima Market, June 21, 2018

The newly formed SYP (Shores Young Professionals) joined forces with Mima Market in Downtown Miami Shores to host a beer tasting to help kick off the summer season! Biscayne Brewing Company provided a

variety of beers to taste while local food vendors like Fufi's Empanadas offered bites for all to enjoy. To stay up-to-date with upcoming SYP events and happenings, follow on Instagram at @ShoresYP.









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This Zen Gem located in Miami's Upper East Side will relax you the moment you enter through the beautiful wood carved doors. Located 1/2 block from the bay.



Amazing unobstructed bay views in Edgewater. Come live in elegance w/ direct water view from this gorgeous 3 BED/4 BATH condo w/10 ft ceilings.



Dripping in charm, this exquisite remodeled 3BR/2BA masterpiece is located on one of Miami Shores most beautiful streets.



Attention investors! You will love this chic condo hotel located in the heart of SOBE right on Ocean Drive across from the beach.



463 NE 55 Ter.

This exquisite 4BR/3,5BA Art-Deco masterpiece, designed by Kiehnel & Elliot, and built in 1935 by Gunn & Goll, will melt your heart!



Stillwater Island \$9

Located on the deep water north side of Stillwater Island. This bayfront, no bridge, cottage is a cute 3/2 with 75' on the water.



Beyond Exquisite! This totally remodeled modern masterpiece is a 4BD/3BA, plus in-law quarters, features open euro-kitchen & more.



Bright and spacious 2BR/2BA corner unit with hurricane impact glass windows and large balcony where you can enjoy serene water views.

Golden Isles Dr. #6D



11113 NE 10 Ave.

ADORABLE REMODEL! This gorgeous duplex is two 2/1's with new floors, new designer kitchen new central a/c units, fence and updated electrical.

\$425.000



3265 NW 100 St. \$249,000

Great starter home on a nice sized lot! This 3BR/1BA home features original hardwood floors, large kitchen, formal dining & laundry room.



Adorable Morningside cottage. This cute 2/1 is 1,450 sf living space on a huge 8,250 sf lot. Has rich oak



1750 N Bayshore Dr. #3914 \$360,00

Spacious 2BR/2BA unit w/ water & city views of Biscayne Bay and Miami skyline. This unit features many updates such as marble floors.



This gem is a large 3/2 plus a den (4th

This gem is a large 3/2 plus a den (4th bedroom), formal dining room plus large dinette/ family room off the remodeled open kitchen.



Beautiful bayview from this 1,950 sf 2BD, 3 full bathrooms condo on the 20th floor. Large remodeled kitchen with new wood cabinets & more.



736 NE 74 St. \$555,000

Dripping in charm, this adorable Belle Meade cottage is over 1,600 sf plus a garage and 3

bonus rooms. This 2/2 has 3 family rooms!

4000 NE 72 Tor

1000 NE 72 Ter.

This 3,146 sf 3BR/3.5BA pool home designed by architect Robert Fitch Smith is located on a 21K sf triple lot. One of Belle Meade's greats.

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Educational, Entertaining Books ART MATTERS

A world awaits at Brockway Memorial Library. Its shelves are stocked with our local area's authors, meet just a few of them.

Seth Bramson, is a Barry University Adjunct Professor of History and Historian in Residence, a 36+ year Miami Shores resident and a nationally renowned historian. A few of his many books include, 'Boulevard



of Dreams, A Pictorial History of El Portal, Biscayne Park, Miami Shores and North Miami'. He's also focused five books on the history of the Florida East Coast Railway and 6 1/2 books on the history of Miami Beach and its northern suburbs. 'L'Chaim! The History of the Jewish Community of Greater Miami', adds to the Bramson library shelf, totaling 31 in all. More than 300 feature articles have appeared in many periodicals. Seth's writing and knowledge has garnered numerous awards, commendations and citations. Most recently Broward County Historical Commission's 2018 "Book of the Year" was awarded to Seth for his 'Broward County', in Arcadia's Postcard History Series, the first ever, complete history of Broward County.

He reaps his rewards by sharing his expertise with: Florida East Coast Railway, Miami and its environs, and Southeast Florida fans, buffs and collectors. Seth is America's senior collector of FEC Railway,

Florida transportation memorabilia, and an extensive collector of FEC Railway, Florida transportation memorabilia, Miami memorabilia and Floridiana. To enjoy the collection and "check it out," visit his garage, please email sbramson@bellsouth.net, to arrange your visit!

His inspiration comes from an inquisitive nature. As a South Florida and State of Florida historian and author, his thoughts, concepts and ideas are evidenced by his currently working on five more books on Greater Miami local and Florida transportation history simultaneously.

John Dorschner, believes every story deserves to be told, and is a journalist's journalist. His work has included 40+ years with the Miami Herald, and he now occasionally does feature writing for Biscayne Times,



Miami New Times and the Herald. As a "somewhat" retiree, he's also taking a turn at blogging: miamiwebnews.com and Facebook.com/miamiwebnews.com.

He co-authored 'The Winds of December', an historical accounting of the 1958 Cuban revolution with more than 200 interviews, including Fidel Castro, and a study of previously classified U.S. State Department documents. He was also part of the journalists' consortium contributing to 'The Big One: Hurricane Andrew'. John's a 31-year Shores' resident.

Michael Hettich, An award winning poet, his work asks questions, unanswered. The innermost, universal questions about self, relating to nature, our spirits taking wing from our fellow





An early riser, Michael is disciplined and writes every day, to hone his skills and develop his voice, bigger, bolder and more insightful. His inspiration centers on his grief for our environment, his connection with nature, and man's callous disregard of our precious, earthly animal species.

His contributions to our community have included special programs at Brockway, celebrating Poetry Month each April and others throughout the year. Michael has also presented programs at Miami Country Day School. Poetry, is little understood by most, envied by many, and he shares the hows and whys of his work, and the appreciation we can develop through the voices of poets.

He's an author of over a dozen books and chapbooks of poetry. His most recent book, 'The Frozen Harbor', won the 2016 David Martinson/Meadowhawk Prize from Red Dragonfly Press and a 2017 Florida Book Award in poetry. His previous book. 'Systems of Vanishing' won the Tampa Review prize and was published by University of Tampa Press. He has collaborated widely with visual artists, musicians, and other writers.

His poems have appeared in such journals as Orion, Tri-Quarterly Ploughshares, Prairie Schooner and The Alaska Quarterly Review.

For 28 years he's been a Miami Dade College, professor in the Honors College and has the distinction of Endowed Chair on Environmental Ethics. Michael's retiring to North Carolina after 25 years in our Shores' community.

Raquel Reyes, and her family are 10-year residents in our village. She's a co-chair of SleuthFest 2019, 4-day writing craft conference, presented by the Florida Chapter of the Mystery Writers of America.



Mystery is her muse. Published independently, her works include: 'City Poems', 'Jeweler's Mark- A Love & Diamonds Mystery', both are in Brockway's catalog. Her Miami and Cuban heritage lend character to her books and she highly recommends fellow mystery authors, Kellye Garrett, Alex Segura and Carolina Garcia-Aquilera.

Corrie Rice, writes delightful, heartwarming "there's good in everything and everyone" stories. Her 'Mr. Munchlee's Magic Top Hat', takes a very bad day in a village like



ours, and Mr. Munchlee reminds us how to be joyful. Illustrated by a playful collaborator,



Tulia Lulu, this fanciful book was a Miami Shores Fine Arts Commission exhibit at Brockway in 2015. Corrie's lived in our community for 18 years as a good neighbor and friend to many.

Susanne Rice, loves and writes a good mystery. Humor also pervades her writing, and captivates readers with intricacy, intrigue and intellect, and a little whimsy. A prolific writer of both short stories and



novels, she's published two books, the third is publishing soon and the fourth is ready to be submitted. The fifth is in its infancy, still noodling around in her imagination. Her works are published by both Tate and Archway, and include the first of her series, 'Murder in the Shores / the Fortune Cookie', a nod to our hometown, Miami Shores. Also 'We Clean Up', 'Six Hands' and the forthcoming 'Wheel of Misfortune'. The fifth is untitled at this moment, possibly 'Bad Angel'. These are all created under Susanne's, "Georgi Girl", series. She is known under her pen name of Susanne Sir.

A 30-year resident of the Shores, Susanne enjoys seeing people read, enthralled with entertainment and lost in another world, trying to solve her mysteries. She likes their guessing at streets, businesses, and people described in her books taking place in the Shores. Susanne claims to leave clues. She looks forward to reading her readers' comments and uniquely makes them part of her book by placing their reviews into a review section of the book.

Be alert! Susanne likes to power walk. Part of her equipment is binoculars and a camera. This is not Las Vegas! What happens in the Shores goes into the book. If you are not in the first book you could be in the next. What would Aunt Sarah think?

Lee Williams, entertains with unconventional metafiction and alternative history novels. He enjoys debunking binaries (opposite phenomena) of race, gender, politics and life.



His education is distinguished, with a Ph. D. in romance studies from University of Miami and as a Fulbright fellow to Uruguay and "specialist in 20th Century Latin American literature".

Lee's books include: 'Author of Destiny', 'The Lifeguard Murders', 'Clickety, Clack, Clickety Clack: Abe Lincoln's Train Done Jumped the Track'. To learn more about Lee: www.writerleewilliams.com/. Lee's a nearby 6-year neighbor from El Portal.

Bob Williamson, is an active member of the Mystery Writers of America serving as treasurer and a former member of its board of directors. His first novel, 'The



Seriously Pink V' has been followed by a new series featuring Alex Bradley, a party planner in a place that looks a lot like Palm Beach. In her prior life Alex was Queen Victoria and she has the diamonds she left for herself to prove it. In a recent short story, 'Cucumber', a celebrity chef is killed with, you guessed it, with a cucumber. It is a humorous and engaging spoof on celebrity.

Bob is an Entrepreneur in Residence with University of Miami. He and wife Julie have lived in the Shores for over 40 years, participating in our community and are two of the founders of St. Martha Concert Series

Check them out at Brockway Memorial Library to get to know these neighborhood authors better... and please pardon the pun!



Tuesday, August 7 | 6:30 p.m. @ Brockway Memorial Library

Everyone wants to be in control of their lives as they age—including staying at home and remaining independent for as long as possible. No matter what "aging stage" you or your loved ones are approaching, get practical advice and smart tips at this FREE seminar!

- Empty nest syndrome adults can remodel their existing space to include housing for aging parents or in-house help in the future.
- Retirees looking for their dream home should make sure it provides security, safety and comfort so that they can adapt to their changing lifestyle as they age.
- Older seniors can improve or modify their living space in four ways: fall prevention, barrier-free spaces, remodeling and installing smart equipment.

Featuring Wanda Gozdz, Founder & President, Golden Age Living, LLC



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🚵 Community News & Events

The Greater Miami Shores Chamber of Commerce welcomes submissions for this column for community events and news. To find out about submitting information please contact the Chamber at 305-754-5466.

BROCKWAY MEMORIAL LIBRARY invites vou to ioin nutritionist. Jenny Patrizia. for a discussion on the powerful health benefits of smoothies. There will be a live smoothie-making demo and sampling. Copies of Ms. Patrizia's book, The Juicy Life, will be available for purchase. Thursday, August 23rd at 6:30pm.

HEIDI HEWES Chapter of the Woman's Cancer Association of the University of Miami is based in Miami Shores. and is dedicated to increasing wellness in the community through raising funds for cancer research, support, education, and service. The next meeting will be Wednesday. September 5th at 7:00p.m. For more information, please email heidiheweswca@gmail.com.

Heidi Hewes is collecting donations

for the Bargain Box. Located at 1350 West Flagler, the Bargain Box is a resale thrift shop open 6-days a week offering outstanding values to the community while profiting the Woman's Cancer Association of the University of Miami. Everyone is invited to shop at the Bargain Box and to make tax-deductible donations of items they can no longer use - gently worn clothing, home furnishings, linens, glassware, accessories, art work, luggage, jewelry, etc. Please visit the WCA Thrift store, open Monday-Saturday, 10:00 am to 5:00 pm. Please call Jackie Butler at 305-633-8068, ext 107 or Bill Tenney at 305-308-4639 for questions and FREE pick up. Heidi Hewes thanks donors Chris O'Neil, Carolyn Cadwalader, Martha Stobbs, Marnie Allen, Toni Porro, and Paul Voight.

MIAMI COUNTRY DAY SCHOOL'S annual "Walk the Walk for Cancer," a familyfriendly 5k walk through Miami Shores, will take place on Saturday, October 20, 2018. Registration begins at 8am on the school's athletic fields. All proceeds benefit cancer research. A family BBQ will follow. Mark your calendars for this annual fun-filled event!

The John Davies Cultural Arts Series, sponsored by Bal Harbour Shops and the Whitman Family Foundation, is returning for its second year in the school's John Davies Theater in the Center for the Arts.

The first event of the year will take place on Thursday, October 11 at 7 pm the Center for the Arts – more details to follow at miamicountryday. org. Save the date for a visit with author Peter Reynolds on Thursday, January 24th at 7pm.

MIAMI ART LEAGUE. On Saturday, August 11, at 6 PM, the Miami Art League is proud to host the show "DAVID" in honor of the late, talented and well-known model David Koehler, who posed throughout South Florida. Tragically, David passed away suddenly on March 5th.

This is an art show to both honor David, as well as to admire the works of the many artists who have been inspired by his wonderful poses. This show is also sponsored by Helen Burgos, Instructor at FIU; Claudia Scalise, Instructor at Miami-Dade College; Kim Foster of UM/Art Works Meet-Up and Marcia Mehaffey.

The show will include drawings, paintings, sculptures, photography, and sketchbooks. All are welcome! Open to the Public! Light refreshments will be served. The show will take place for one evening only on Saturday, August 11, 6 PM at the Miami Art League Studio, 9709 NE 2nd Avenue, Miami Shores.

For information about the Miami Art League classes, please check us out at www.MiamiArtLeague.com, follow us on FB or leave a message at 305-757-3161, and an Artist will return your call! We look forward to creating art with you!

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MIAMI SHORES VILLAGE

MyMSV was launched in August 2016 as an official platform for our residents to access their government in a single location. MYMSV is a source of quick information on a mobile app whereby residents submit service requests through their smartphones and online. It can transform the way residents interact with the Village and find information. Residents may access important Village information through in-app tools like the website, announcements, community calendar, public people and Council meetings.

Residents can submit service requests related to Code Compliance, Police Department issues like suspicious activity, Recreation issues such as equipment repair, Sanitation issues like missed garbage pickup, Streets issues such as potholes or tree trimming and general requests. By adopting the PublicStuff platform, the Village hopes to improve resident communications and improve service delivery. On the backend, appropriate staff responds to submitted requests through a customized workflow management system.

Miami Shores Village launched the application in partnership with PublicStuff, an innovative civic software company that helps residents and local governments connect to improve the quality of life in their communities. The instantaneous nature of the app is a benefit for the Village as it furthers its commitment to being responsive to the needs of the community. This is a way to have residents help solve problems and issues. To get started, download MyMSV today! The MyMSV Public Stuff app is available for free in both the iTunes app store and the Android Google Play store. To submit a service request online, visit www. publicstuff.com/submit and enter Miami Shores Village.

Featured Real Estate Listing



Address: 775 NE 97 Street Miami Shores 3 bedrooms / 3 bathrooms 2,454 Sq.Ft. Home on 9,040 Sq.Ft. Lot

Offered at: \$727,000

Spacious Miami Shores home in private location by the country club. Comfort and warmth define this home with generous rooms with big closets, high ceilings and lots of room to entertain. Perfect modern living, designed in the 60's and features open kitchen with stainless steel appliances, tiled throughout, beautiful family room with open beamed ceilings and vast windows opens up to back yard. Big 2-car garage used by current owner as living space and can be used as family/play room or can easily be converted back. Home also features patio area, outdoor shower and can walk to community center and village fields.

Contact:

Ines Hegedus-Garcia from Miamism Sales Team Related ISG International Realty ines@miamism.com or (305) 206-9366







Paws, Claws & Jaws!



These are Minnie (blond Pekingese) and Bella (dark mix of Dachshund and Jack Russell). They are 5 year old females. The "girls" live with their parents, teachers Mark and Sorela Schultz in Miami Shores. (Mark teaches at the Doctors' Charter School, and Sorela at Miami Country Day School.) Minnie and Bella enjoy walks through the neighborhood, playing fetch, getting stroked, and eating. Bella is also a great dancer! We adore them!

Each month we publish photos of family pets. If you would like your pet featured please send in a photo, the pet's name, the name of the pet's family, and town of residence to "Pet of the Month" to:

mgerstel@miamishores.com.

Last Word

Education is the power to think clearly, the power to act well in the world's work, and the power to appreciate life.

-Brigham Young



Down to Business, continued from page 5

exploding from exercise stress'.

The ideal result of the healthy goal.

Orangetheory's coaches are all State of Florida certified personal trainers as well as corporately certified in the approved programs. The fitness studio conducts group classes led by these coaches on state-of-the-art equipment:

Treadmills, Water Rowers work 80% of your body's muscles, your arms and body core work 20% each, your legs doing the Herculean 60% (water tanks providing the resistance, reallife interaction), standard cycles and striders. They also have a weight room floor to perform weight resistance exercises.

Training is for all fitness levels from beginners to professionals, and all ages. However, under 16-years must train w/a parent and 16-20 years must have parent's consent. The cycles and striders are considered low-impact if members have an injury or need the less-strenuous routine. As you train, your heart rate progress is monitored and displayed on digital screens above the room. Step it up and watch your improvement!





Classes start before dawn, 5AM!
Ronnie arrives at 4:30AM to open-up for the early birds. There's an afternoon break, 12:30 – 4:30 and the after-work crowd can schedule 'til 8:30PM ending. Classes start on time for everyone's convenience. There's no late-entry if the class is 5 minutes or more in progress. Equitable to all!

Orangetheory Fitness, 9017 Biscayne Blvd., 305-615-1299. Studio0570@ orangetheoryfitness.com.
Orangetheoryfitness.com.

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COMPREHENSIVE STROKE CENTER

at North Shore Medical Center

A Higher Level of Stroke Care

With some of the latest technology in healthcare, we have *redesigned*North Shore Medical Center to provide a higher level of care with confidence. Part of the redesign includes our commitment to constantly improve the medical care and services we provide to our community.

WHAT DOES A COMPREHENSIVE STROKE CENTER MEAN FOR OUR COMMUNITY?

By becoming a Comprehensive Stroke Center, North Shore Medical Center will now be able to provide advanced stroke treatment without having to transport the patient outside of the area. Approximately 1.9 million neurons die each minute when stroke is left untreated. Time is critical when someone is having a stroke, and faster treatment may result in less brain cell loss for a better recovery and less disability.



At North Shore Medical Center, your health is our priority.

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The Egret | August 2018